

# KNOX LITTLE ATHLETICS CROSS COUNTRY - EASTFIELD PARK



<b>P</b>	Parking	<b>Courses</b>	500m (1 x 500m)
	Toilets		1000m (1 x 1000m)
<b>+</b>	First Aid		1500m (500m, 1000m)
<b>M</b>	Course Marshal		2000m (2 x 1000m)
<b>H</b>	Hare Change Point		3000m (3 x 1000m)
			500m Loop
			1000m Loop