



Knox Little Athletics Centre

Cross Country 2024

2024 Season Dates

DATE	DAY	PROG	DETAILS
APRIL			
6	Sat		School Holidays
13	Sat		School Holidays
20	Sat		No Races
27	Sat		ANZAC Weekend
MAY			
4	Sat	A	Knox Track – Opening Round
11	Sat	B	Eastfield Park Croydon - TBC
18	Sat	C	Tirhatuan Park
25	Sat	D	Nortons Park
JUNE			
1	Sat	A	Jells Park South
8	Sat		Relay Cross Country Championship (Venue TBC)
15	Sat	B	Eastfield Park Croydon - TBC
22	Sat	C	Tirhatuan Park
29	Sat	D	Nortons Park
JULY			
6	Sat		School Holidays (NO RACES)
13	Sat		EMR Cross Country Carnival (Venue TBC)
20	Sat	A	Tirhatuan Park
27	Sat	B	Nortons Park – Handicap Day
AUGUST			
3	Sat		STATE CROSS COUNTRY CHAMPIONSHIPS (Venue TBC)
10	Sat	C	Tirhatuan Park (TBC)
17	Sat		Presentation Night –TBC

Programs A, B, C and D – First race starts at 9:00am.

Program	Race Order								
A	U7&8 1000m	>	U11&12 2000m	>	U6 500m	>	U9&10 1500m	>	U13-17 3000m
B	U13-17 3000m	>	U7&8 1000m	>	U6 500m	>	U11&12 2000m	>	U9&10 1500m
C	U9&10 1500m	>	U13-17 3000m	>	U6 500m	>	U7&8 1000m	>	U11&12 2000m
D	U11&12 2000m	>	U9&10 1500m	>	U6 500m	>	U13-17 3000m	>	U7&8 1000m

Times are approximate. Dates, times, programs and locations are subject to change.