Knox Little Athletics Centre - Open Twilight - 22nd January 2022

Welcome to the Knox Open Twilight, thanks for entering, we hope the following information will help you enjoy the day.

There are no Call Rooms for any events - just go straight to the marshalling area indicated. Please refer to the maps around the venue if unsure where to go.

Please check in 15 minutes prior to the listed start time for your events. If you have a clash between a track and a field event, please advise the field event first that you have a clash, then report to the relevant track event. Once you have completed the track event you can go straight to the field event provided you checked in beforehand. Alternatively, if you have time, go to the field event and ask to have your 3 jumps/throws at the start so that you can get to the track event on time.

There are some overlapping field events, especially where athletes have elected to compete up an age group. There will be time to complete both within the alloted time, just make sure you check in to both on time, ask to have your 3 jumps/throws at the start of one, then go to the other. High Jump should take priority over other field events, you can have your 3 jumps/throws either before or after your High Jump, just remember to check in on time.

If you have any questions, one of our committee members will be happy to help.

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18/01/2022 09:55

					Afternoon S	Session						
	Track Ev	ents			Field Events - Jumps				Field Events - Throws			
Time	EvNbr Event	AgeGrp	Marshal	Time	EvNbr Event	AgeGrp	Marshal	Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	1 100m Hurdles	15/16B	Area 1	2:00 PM	301 High Jump 2	08G	at event	2:00 PM	305	Shot Put 1	14B	at event
				2:00 PM	302 Triple Jump 1	12G	at event	2:00 PM	306	Shot Put 2	10G	at event
				2:00 PM	303 Long Jump 1	11G	at event	2:00 PM	307	Discus 1	11B	at event
		į		2:00 PM	304 Long Jump 2	09B	at event	2:00 PM	308	Discus 2	11G	at event
		į			į	į		2:00 PM		Discus 3	07B	Area 4
		<u>į</u>	į]	į	į	İ	2:00 PM	310	Javelin	14G	at event
2:08 PM	2 90m Hurdles	15/16G 14B	Area 1]		į			ĺ	i !	i	į
2:16 PM		14G	Area 1				<u> </u>		į			
2:18 PM	II III	13G 13B	Area 1	2:18 PM	311 High Jump 1	15/16G 15/16B	at event	2:18 PM	312	Shot Put 1	15/16G	at event
2:24 PM	5 80m Hurdles	12G	Area 1			ļ				!	! !	!
2:26 PM		12B	Area 1	2:28 PM	313 Triple Jump 1	12B	at event	2:28 PM	314	Discus 3	07G	Area 4
2:32 PM	8	11G	Area 1									ļ
2:36 PM	8 80m Hurdles	11B	Area 1						İ		į	į
2:42 PM		10G	Area 1	2:40 PM	315 Long Jump 3	06B	Area 4		•			
2:46 PM		10B	Area 1	i			į	2:46 PM	316	Shot Put 1	12B	at event
2:54 PM	11 60m Hurdles	09G	Area 1	2:54 PM	317 Long Jump 1	10G	at event					
2:58 PM	12 60m Hurdles	09B	Area 1	2:58 PM	318 High Jump 2	08B	at event	3:02 PM		Javelin	15/16G	at event
		į		3:04 PM	320 Long Jump 2	09G	at event	3:04 PM	321	Discus 1	15/16B	at event
				3:06 PM	322 High Jump 1	13G 13B	at event		İ			
3:08 PM	13 1500m Walk	15/16G 13G	Area 3	3:06 PM	323 Triple Jump 1	11B	at event	3:08 PM		Shot Put 2	10B	at event
		15/16B 13B		3:14 PM	325 Long Jump 3	06G	Area 4	3:18 PM		Shot Put 1	12G	at event
3:20 PM	14 1100m Walk	11G 11B	Area 3					3:22 PM		Javelin	12B	at event
			ļ	3:24 PM	328 Long Jump 3	07G	Area 4	3:26 PM		Discus 1	15/16G	at event
			i					3:26 PM	330	Discus 2	09B	at event
3:32 PM	15 700m Walk	09G 09B	Area 3	3:42 PM	331 Long Jump 3	07B	Area 4		ļ			Į.
				3:44 PM	332 Triple Jump 1	14G	at event					į.
3:48 PM		08G	Area 5	3:48 PM	333 High Jump 1	12G	at event		<u> </u>			
3:52 PM	•	08B	Area 5	3:54 PM	334 Long Jump 1	13B	at event	3:58 PM		Shot Put 1	14G	at event
4:02 PM	18 70m	06G	Area 1	4:02 PM	337 Long Jump 2	10B	at event	3:58 PM	336	Javelin	12G	at event

	Track E	vents				Field Events	- Jumps				Field Event	s - Throws	
Гіте	EvNbr Event	AgeGrp	Marshal	Time	EvNbr	Event	AgeGrp	Marshal	Time	EvNbr	Event	AgeGrp	Marsha
4:04 PM	19 70m	06B	Area 1		i		i	Ì	4:04 PM	338	Discus 1	13B	at event
4:08 PM	1 20 70m	07G	Area 1				į		4:06 PM	339	Shot Put 2	15/16B	at event
4:10 PM	1 21 70m	07B	Area 1										
4:14 PM	1 22 70m	10G	Area 1	4:12 PM	340	Long Jump 1	11B	at event	4:16 PM	341	Shot Put 3	07B	Area 4
4:18 PM	1 23 70m	10B	Area 1	4:18 PM	342	Triple Jump 1	15/16G	at event		į			į
4:22 PM		08G	Area 1	4:20 PM	343	High Jump 2	10G	at event	4:20 PM	344	Shot Put 2	08B	at event
4:26 PM	1 25 70m	08B	Area 1		!		!			-			- i
4:36 PM	1 26 1500m	15/16G 14G	Area 3		į		į			İ			<u> </u>
		15/16B 14B							4:38 PM	345	Shot Put 1	08G	at event
	1 1	ļ	ł	4:42 PM	347	Triple Jump 1	15/16B 14B	at event	4:40 PM	346	Javelin	15/16B	at event
			ŀ				i	i	4:44 PM	348	Discus 2	09G	at event
4:46 PM	1 27 1500m	12G 12B	Area 3		ļ		į	į	4:46 PM		Shot Put 3	06G	Area 4
		i	i				! !	ł	4:52 PM	350	Discus 1	13G	at event
		ļ	į	4:54 PM	352	High Jump 1	12B	at event	4:52 PM	351	Javelin	14B	at event
				4:58 PM	354	Triple Jump 1	11G	at event	4:56 PM	353	Shot Put 3	06B	Area 4
5:02 PM	1 28 200m Hurdles	14G 14B	Area 2	5:02 PM		Long Jump 2	15/16G	at event		1			
5:08 PM	1 29 200m Hurdles	13G 13B	Area 2	5:10 PM	356	High Jump 2	10B	at event		İ		İ	į
5:12 PM	1 30 200m	07G	Area 2	5:12 PM	357	Long Jump 1	13G	at event		İ			į
5:14 PM	1 31 200m	07B	Area 2				i I	Ī Ī		1			į
5:20 PM	1 32 200m	08G	Area 2							1			ŀ
5:24 PM		08B	Area 2		!					<u> </u>			
5:34 PM		06G	Area 1	5:32 PM	359	Long Jump 2	15/16B	at event	5:28 PM	358	Shot Put 3	07G	Area 4
5:36 PM		06B	Area 1										!
5:40 PM		07G	Area 1				!				! ! !		ł
5:42 PM	1 37 100m	07B	Area 1		•		ļ						į
5:46 PM	1 38 100m	08G	Area 1		•		ļ						į
5:50 PM	1 39 100m	08B	Area 1		•		ļ			1			ļ

Dinner Break

						Eve	ning Session -	Track Events						
Time	EvNbr	Event	AgeGrp	Marshal	Time	EvNbr	Event	AgeGrp	Marshal	Time	EvNbr	Event	AgeGrp	Marshal
6:24 PM	40	800m	09G	Area 5	7:38 PM	54	200m	13G	Area 2	8:26 PM	68	100m	13B	Area 1
6:30 PM	41	800m	09B	Area 5	7:40 PM	55	200m	13B	Area 2	8:28 PM	69	100m	15/16G 14G	Area 1
6:36 PM	42	800m	11G	Area 5	7:42 PM	56	200m	14G 14B	Area 2	8:30 PM	70	100m	15/16B 14B	Area 1
6:42 PM	43	800m	11B	Area 5	7:44 PM	57	200m	15/16G	Area 2	8:38 PM	71	400m	10G	Area 5
6:48 PM	44	800m	15/16G 13G	Area 5	7:46 PM	58	200m	15/16B	Area 2	8:42 PM	72	400m	10B	Area 5
6:54 PM	45	800m	15/16B 13B	Area 5	7:54 PM	59	100m	09G	Area 1	8:48 PM	73	400m	12G	Area 5
7:06 PM	46	200m	09G	Area 2	7:58 PM	60	100m	09B	Area 1	8:50 PM	74	400m	12B	Area 5
7:10 PM	47	200m	09B	Area 2	8:02 PM	61	100m	10G	Area 1	8:54 PM	75	400m	14G	Area 5
7:14 PM	48	200m	10G	Area 2	8:06 PM	62	100m	10B	Area 1	8:56 PM	76	400m	15/16B 14B	Area 5
7:20 PM	49	200m	10B	Area 2	8:10 PM	63	100m	11G	Area 1	8:58 PM	77	400m	15/16G	Area 5
7:24 PM	50	200m	11G	Area 2	8:16 PM	64	100m	11B	Area 1					
7:30 PM	51	200m	11B	Area 2	8:20 PM	65	100m	12G	Area 1					
7:34 PM	52	200m	12G	Area 2	8:22 PM	66	100m	12B	Area 1		Pres	entation of Per	petual Trophy	1
7:36 PM	53	200m	12B	Area 2	8:24 PM	67	100m	13G	Area 1					

Time	EvNbr	Event	AgeGrp	Marshal
2:40 PM	315	Long Jump 3	06B	Area 4
4:04 PM	19	70m	06B	Area 1
4:56 PM	353	Shot Put 3	06B	Area 4
5:36 PM	35	100m	06B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	309	Discus 3	07B	Area 4
3:42 PM	331	Long Jump 3	07B	Area 4
4:10 PM	21	70m	07B	Area 1
4:16 PM	341	Shot Put 3	07B	Area 4
5:14 PM	31	200m	07B	Area 2
5:42 PM	37	100m	07B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:58 PM	318	High Jump 2	08B	at event
3:52 PM	17	400m	08B	Area 5
4:20 PM	344	Shot Put 2	08B	at event
4:26 PM	25	70m	08B	Area 1
5:24 PM	33	200m	08B	Area 2
5:50 PM	39	100m	08B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	304	Long Jump 2	09B	at event
2:58 PM	12	60m Hurdles	09B	Area 1
3:26 PM	330	Discus 2	09B	at event
3:32 PM	15	700m Walk	09B	Area 3
6:30 PM	41	800m	09B	Area 5
7:10 PM	47	200m	09B	Area 2
7:58 PM	60	100m	09B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:46 PM	10	60m Hurdles	10B	Area 1
3:08 PM	324	Shot Put 2	10B	at event
4:02 PM	337	Long Jump 2	10B	at event
4:18 PM	23	70m	10B	Area 1
5:10 PM	356	High Jump 2	10B	at event
7:20 PM	49	200m	10B	Area 2
8:06 PM	62	100m	10B	Area 1
8:42 PM	72	400m	10B	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	307	Discus 1	11B	at event
2:36 PM	8	80m Hurdles	11B	Area 1
3:06 PM	323	Triple Jump 1	11B	at event
3:20 PM	14	1100m Walk	11B	Area 3
4:12 PM	340	Long Jump 1	11B	at event
6:42 PM	43	800m	11B	Area 5
7:30 PM	51	200m	11B	Area 2
8:16 PM	64	100m	11B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:26 PM	6	80m Hurdles	12B	Area 1
2:28 PM	313	Triple Jump 1	12B	at event
2:46 PM	316	Shot Put 1	12B	at event
3:22 PM	327	Javelin	12B	at event
4:46 PM	27	1500m	12B	Area 3
4:54 PM	352	High Jump 1	12B	at event
7:36 PM	53	200m	12B	Area 2
8:22 PM	66	100m	12B	Area 1
8:50 PM	74	400m	12B	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:18 PM	4	80m Hurdles	13B	Area 1
3:06 PM	322	High Jump 1	13B	at event
3:08 PM	13	1500m Walk	13B	Area 3
3:54 PM	334	Long Jump 1	13B	at event
4:04 PM	338	Discus 1	13B	at event
5:08 PM	29	200m Hurdles	13B	Area 2
6:54 PM	45	800m	13B	Area 5
7:40 PM	55	200m	13B	Area 2
8:26 PM	68	100m	13B	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	305	Shot Put 1	14B	at event
2:08 PM	2	90m Hurdles	14B	Area 1
4:36 PM	26	1500m	14B	Area 3
4:42 PM	347	Triple Jump 1	14B	at event
4:52 PM	351	Javelin	14B	at event
5:02 PM	28	200m Hurdles	14B	Area 2
7:42 PM	56	200m	14B	Area 2
8:30 PM	70	100m	14B	Area 1
8:56 PM	76	400m	14B	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	1	100m Hurdles	15/16B	Area 1
2:18 PM	311	High Jump 1	15/16B	at event
3:04 PM	321	Discus 1	15/16B	at event
3:08 PM	13	1500m Walk	15/16B	Area 3
4:06 PM	339	Shot Put 2	15/16B	at event
4:36 PM	26	1500m	15/16B	Area 3
4:40 PM	346	Javelin	15/16B	at event
4:42 PM	347	Triple Jump 1	15/16B	at event
5:32 PM	359	Long Jump 2	15/16B	at event
6:54 PM	45	800m	15/16B	Area 5
7:46 PM	58	200m	15/16B	Area 2
8:30 PM	70	100m	15/16B	Area 1
8:56 PM	76	400m	15/16B	Area 5

Time	EvNbr	Event	 AgeGrp	Marshal
3:14 PM	325	Long Jump 3	06G	Area 4
4:02 PM	l 18	70m	06G	Area 1
4:46 PM	349	Shot Put 3	06G	Area 4
5:34 PM	34	100m	06G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:28 PM	314	Discus 3	07G	Area 4
3:24 PM	328	Long Jump 3	07G	Area 4
4:08 PM	20	70m	07G	Area 1
5:12 PM	30	200m	07G	Area 2
5:28 PM	358	Shot Put 3	07G	Area 4
5:40 PM	36	100m	07G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	1 301	High Jump 2	08G	at event
3:48 PM	1 16	400m	08G	Area 5
4:22 PM	1 24	70m	08G	Area 1
4:38 PM	1 345	Shot Put 1	08G	at event
5:20 PM	1 32	200m	08G	Area 2
5:46 PM	1 38	100m	08G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:54 PM	11	60m Hurdles	09G	Area 1
3:04 PM	320	Long Jump 2	09G	at event
3:32 PM	15	700m Walk	09G	Area 3
4:44 PM	348	Discus 2	09G	at event
6:24 PM	40	800m	09G	Area 5
7:06 PM	46	200m	09G	Area 2
7:54 PM	59	100m	09G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	306	Shot Put 2	10G	at event
2:42 PM	9	60m Hurdles	10G	Area 1
2:54 PM	317	Long Jump 1	10G	at event
4:14 PM	22	70m	10G	Area 1
4:20 PM	343	High Jump 2	10G	at event
7:14 PM	48	200m	10G	Area 2
8:02 PM	61	100m	10G	Area 1
8:38 PM	71	400m	10G	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	303	Long Jump 1	11G	at event
2:00 PM	308	Discus 2	11G	at event
2:32 PM	7	80m Hurdles	11G	Area 1
3:20 PM	14	1100m Walk	11G	Area 3
4:58 PM	354	Triple Jump 1	11G	at event
6:36 PM	42	800m	11G	Area 5
7:24 PM	50	200m	11G	Area 2
8:10 PM	63	100m	11G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	302	Triple Jump 1	12G	at event
2:24 PM	5	80m Hurdles	12G	Area 1
3:18 PM	326	Shot Put 1	12G	at event
3:48 PM	333	High Jump 1	12G	at event
3:58 PM	336	Javelin	12G	at event
4:46 PM	27	1500m	12G	Area 3
7:34 PM	52	200m	12G	Area 2
8:20 PM	65	100m	12G	Area 1
8:48 PM	73	400m	12G	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:18 PM	4	80m Hurdles	13G	Area 1
3:06 PM	322	High Jump 1	13G	at event
3:08 PM	13	1500m Walk	13G	Area 3
4:52 PM	350	Discus 1	13G	at event
5:08 PM	29	200m Hurdles	13G	Area 2
5:12 PM	357	Long Jump 1	13G	at event
6:48 PM	44	800m	13G	Area 5
7:38 PM	54	200m	13G	Area 2
8:24 PM	67	100m	13G	Area 1

Time	EvNbr	Event	AgeGrp	Marshal
2:00 PM	310	Javelin	14G	at event
2:16 PM	3	80m Hurdles	14G	Area 1
3:44 PM	332	Triple Jump 1	14G	at event
3:58 PM	335	Shot Put 1	14G	at event
4:36 PM	26	1500m	14G	Area 3
5:02 PM	28	200m Hurdles	14G	Area 2
7:42 PM	56	200m	14G	Area 2
8:28 PM	69	100m	14G	Area 1
8:54 PM	75	400m	14G	Area 5

Time	EvNbr	Event	AgeGrp	Marshal
2:08 PM	2	90m Hurdles	15/16G	Area 1
2:18 PM	311	High Jump 1	15/16G	at event
2:18 PM	312	Shot Put 1	15/16G	at event
3:02 PM	319	Javelin	15/16G	at event
3:08 PM	13	1500m Walk	15/16G	Area 3
3:26 PM	329	Discus 1	15/16G	at event
4:18 PM	342	Triple Jump 1	15/16G	at event
4:36 PM	26	1500m	15/16G	Area 3
5:02 PM	355	Long Jump 2	15/16G	at event
6:48 PM	44	800m	15/16G	Area 5
7:44 PM	57	200m	15/16G	Area 2
8:28 PM	69	100m	15/16G	Area 1
8:58 PM	77	400m	15/16G	Area 5