

# KNOX LITTLE ATHLETICS CROSS COUNTRY - LYSTERFIELD LAKE

## ACCESS

Horswood Rd, off  
Belgrave-Hallam Rd  
Melway Map 108 D2



LYSTERFIELD  
LAKE

- Toilets
- First Aid
- Course Marshal
- Hare Change Point

## Courses

- 500m (1 x 500m)
- 1000m (1 x 1000m)
- 1500m (500m, 1000m)
- 2000m (2 x 1000m)
- 3000m (3 x 1000m)

- 500m Loop
- 1000m Loop