



# 2018/19 Knox Championship Day

Information to help the day run smoothly...

- 1 There are no heats today - all track events are straight finals
- 2 There are no separate Call Rooms today:
  - For all Front Straight events, marshalling will be done at the start line, like on a normal Saturday morning.
  - For all Circular Track events, marshalling will be done at Area 5 (not Area 3)
  - For all Field events - go straight to the event area.
  - For ALL events, check in is 10 minutes prior to the listed start time for your event. Don't be late or you could miss it!
- 3 If you have a clash between a track and a field event, please advise the field event first that you have a clash, then report to the relevant track area. Once you have completed the track event go straight back to the field event provided you checked in beforehand. Alternatively, if you have time, you can go to the field event (apart from High Jump) and ask to have your 3 jumps/throws together so that you can get to the track event on time.

Front Straight				Circular Track				Field - Jumps				Field - Throws			
Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s
12:30 PM	1	300H	B15 G15 B16 G16	12:30 PM	201	600	B08 G08	12:30 PM	401	HJ1	G15 G16	12:30 PM	406	SP1	B08
									402	HJ2	B09		407	Disc1	G14
									403	LJ1	G07		408	Disc2	B07
									404	LJ2	G12		409	Jav	B14
									405	TJ2	B11				
12:40 PM	2	200H	B14 G14	12:40 PM	202	1500W	B12 G12 B13 G13					12:40 PM	410	SP1	G08
12:48 PM	3	200H	B13 G13					12:50 PM	411	HJ1	G14	12:50 PM	413	SP1	G15 G16
									412	LJ2	G11		414	Disc1	B16
				12:56 PM	203	1100W	B10 G10 B11 G11					1:00 PM	416	SP1	B14
													417	Disc1	G13
								1:00 PM	415	TJ2	B12 B13		418	Jav	B11 B12
1:10 PM	4	100H	B15	1:10 PM	204	300	B06 G06	1:10 PM	419	HJ2	B08	1:10 PM	422	SP1	B10
									420	LJ1	B09		423	Disc2	G07
									421	LJ2	G10				
				1:18 PM	205	300	B07 G07								
1:20 PM	5	90H	B14 G15 G16	1:26 PM	206	700W	B08 G08 B09 G09	1:30 PM	424	HJ1	B15	1:30 PM	428	Disc1	G08 G09
1:30 PM	6	80H	B13 G14						425	HJ2	G11		429	Jav	G14
1:32 PM	7	80H	G13						426	LJ1	G06				
				1:36 PM	207	1500W	B14 G14 B15 G15 B16 G16		427	TJ2	B14				
1:38 PM	8	80H	B12 G12					1:40 PM	430	LJ1	B07	1:40 PM	432	SP1	B09
									431	LJ2	G13		433	Disc2	B06 G06
1:48 PM	9	60H	B11												
1:50 PM	10	60H	G11					1:50 PM	434	HJ1	B13 B14	1:50 PM	436	Disc1	G12
1:52 PM	11	60H	B10 G10						435	HJ2	G12				
1:58 PM	12	60H	B09 G09												
2:00 PM	13	60H	B08 G08					2:00 PM	437	TJ2	B15	2:00 PM	438	SP1	G11
													439	Jav	G13
2:10 PM	14	200	B15 G15 B16 G16					2:10 PM	440	HJ1	G13	2:10 PM	445	SP1	G12
2:12 PM	15	200	B14 G14						441	HJ2	G09		446	Disc1	B14
2:14 PM	16	200	B13 G13						442	LJ1	B06		447	Disc2	B09
2:16 PM	17	200	B12 G12						443	LJ2	G08		448	Jav	G11
2:18 PM	18	200	B11 G11						444	TJ2	G14				
2:20 PM	19	200	B10 G10												
2:22 PM	20	200	B09 G09												
2:24 PM	21	200	B08 G08												
2:26 PM	22	200	B07 G07												
				2:30 PM	208	800	B14 G14 B15 G15 B16 G16	2:30 PM	449	HJ2	G10	2:30 PM	452	SP1	B13
									450	LJ1	B15 B16		453	Disc1	G10 G11
									451	TJ2	G11		454	Jav	B16
				2:38 PM	209	800	B11 B12 B13								
				2:46 PM	210	800	G11 G12 G13	2:40 PM	455	LJ1	B08	2:40 PM	456	SP1	G07
				2:54 PM	211	800	B09 G09 B10 G10								
3:00 PM	<b>Presentations</b>														
	Club, Age Group and Best Overall athlete awards														

Front Straight				Circular Track				Field - Jumps				Field - Throws				
Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s	Time	EvNbr	Event	Age Grp/s	
4:00 PM	23	100	B06 G06					4:00 PM	457	HJ2	B10	4:00 PM	460	SP1	B16	
4:02 PM	24	100	B07						458	LJ1	B11 B12		461	Disc1	B11	
4:04 PM	25	100	G07						459	TJ2	G12		462	Jav	B15	
4:06 PM	26	100	B08													
4:08 PM	27	100	G08													
4:10 PM	28	100	B09					4:10 PM	463	LJ1	G15 G16	4:10 PM	464	SP1	G10	
4:12 PM	29	100	G09 G10										465	Disc1	B13	
4:14 PM	30	100	B10													
4:16 PM	31	100	B11									4:20 PM	466	Disc1	B08	
4:18 PM	32	100	G11													
4:20 PM	33	100	B12 B13													
4:22 PM	34	100	G12													
4:24 PM	35	100	G13	4:24 PM	212	1500	B13 G13 B14 G14 B15 G15						4:30 PM	470	Jav	B13
4:26 PM	36	100	B14 G14													
4:28 PM	37	100	B15 G15 B16 G16					4:30 PM	467	HJ2	B11					
									468	LJ1	B10	4:40 PM	471	SP1	G13 G14	
				4:40 PM	213	1500	B11 G11 B12 G12			469	TJ2	G13		472	Disc1	B15
4:42 PM	38	70	B06 G06													
4:44 PM	39	70	B07													
4:46 PM	40	70	G07													
4:48 PM	41	70	B08													
4:50 PM	42	70	G08 G09					4:50 PM	473	TJ2	G16	4:50 PM	474	Jav	G15	
4:52 PM	43	70	B09													
4:54 PM	44	70	B10 B11													
4:56 PM	45	70	G10													
4:58 PM	46	70	G11													
5:00 PM	47	70	B12 B13 B14					5:00 PM	475	HJ2	G08	5:00 PM	477	SP1	B07	
									476	LJ1	G09					
5:02 PM	48	70	G12													
5:04 PM	49	70	G13													
5:06 PM	50	70	G14													
5:08 PM	51	70	B15 B16													
5:10 PM	52	70	G15 G16					5:10 PM	478	LJ1	B13	5:10 PM	480	Disc1	B10	
									479	TJ2	G15		481	Jav	G16	
5:32 PM	53	400	B08 B09					5:20 PM	482	LJ1	B14					
5:34 PM	54	400	G08 G09					5:30 PM	483	LJ1	G14	5:30 PM	484	SP1	B06 G06	
5:36 PM	55	400	B10 B11										485	Jav	G12	
5:38 PM	56	400	G10													
5:40 PM	57	400	G11									5:40 PM	486	SP1	B11	
5:42 PM	58	400	B12 B13 B14										487	Disc1	G16	
5:44 PM	59	400	G12 G13 G14													
5:46 PM	60	400	B15 G15 B16 G16													
6:00 PM	<b>Colour Run</b> (much better than last time!)															
<b>End of 2018/19 Track and Field Season - hope you had fun - see you at Cross Country</b>																