

# Knox Little Athletics Centre - 50th Anniversary Open Twilight - 1st December 2018

Welcome to the 50th Anniversary Knox Open Twilight, thanks for entering, we hope the following information will help you enjoy the day.

All Front Straight Event finals will be run at the listed FINAL time. There are unavoidable clashes between track and field events during the afternoon session, so cancelling the heat allows those affected to get to their other events. Presentations are also busy with all Field events and Circular events to get through during the afternoon.

There are separate Call Room areas for Front Straight (Laned) and Circular Track (Unlaned) events. There is no Call Room for Field events - just go straight to the event area. Please check in 15 minutes prior to the listed start time for your events. If you have a clash between a track and a field event, please advise the field event first that you have a clash, then report to the relevant track call room. Once you have completed the track event you can go straight to the field event provided you checked in beforehand. Alternatively, if you have time, you can go to the field event and ask to have your 3 jumps/throws together so that you can get to the track event on time.

Progressions from heats to finals will be posted on the south wall of the grandstand.

If you have any questions, one of our committee members will be happy to help.

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Front Straight Events				Circular Track Events				Field Events - Jumps				Field Events - Throws			
Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp
2:00 PM	1	80m Hurdles Heats	12B	2:00 PM	201	700m Walk	08G	2:00 PM	301	High Jump @ HJ 1	13G	2:00 PM	307	Shot Put @ SP 1	10B
									302	High Jump @ HJ 2	10B		308	Shot Put @ SP 2	12B
2:12 PM	2	60m Hurdles Heats	10B						303	Long Jump @ TJ 1	06G		309	Discus @ DIS 1	15/16G
2:16 PM	3	60m Hurdles Heats	10G	2:16 PM	202	1500m Walk	12B 12G 14B 14G 15/16G		304	Triple Jump @ TJ 2	11B		310	Discus @ DIS 2	07B
									305	Long Jump @ LJ 1	09G		311	Javelin	14B
2:20 PM	4	60m Hurdles Heats	11B						306	Long Jump @ LJ 2	15/16G		312	Shot Put @ SP 2	06B
2:24 PM	5	60m Hurdles Heats	11G									2:26 PM	313	Javelin	12B
								2:28 PM	314	Long Jump @ TJ 1	07G				
								2:32 PM	315	Long Jump @ LJ 2	10B				
2:32 PM	6	60m Hurdles Heats	09B	2:34 PM	203	1100m Walk	10B 10G	2:34 PM	316	High Jump @ HJ 1	12G	2:34 PM	317	Shot Put @ SP 2	07B
2:36 PM	7	60m Hurdles Heats	08B										318	Discus @ DIS 2	11G
2:40 PM	8	60m Hurdles Heats	08G									2:40 PM	319	Discus @ DIS 1	15/16B
2:50 PM	9	70m Heats	09B									2:44 PM	320	Shot Put @ SP 1	08G
								2:50 PM	321	High Jump @ HJ 2	10G				
3:00 PM	10	200m Heats	15/16G	3:00 PM	204	1500m	13B 13G	2:54 PM	322	Triple Jump @ TJ 2	14G				
3:04 PM	11	200m Heats	12B					2:58 PM	323	Long Jump @ LJ 1	09B	3:02 PM	324	Shot Put @ SP 2	08B
3:08 PM	12	200m Heats	11B												
3:12 PM	13	200m Heats	11G					3:08 PM	325	Triple Jump @ TJ 1	12B				
												3:10 PM	326	Discus @ DIS 1	13G
3:16 PM	14	200m Heats	07G									3:12 PM	327	Shot Put @ SP 1	12G
3:20 PM	15	200m Heats	07B										328	Discus @ DIS 2	07G
3:24 PM	16	200m Heats	10B	3:18 PM	205	1500m	15/16B 15/16G	3:16 PM	330	High Jump @ HJ 1	15/16G	3:14 PM	329	Javelin	15/16B
3:30 PM	17	200m Heats	08G												
3:34 PM	18	200m Heats	09B	3:30 PM	206	1500m	11B 11G	3:18 PM	331	Long Jump @ LJ 2	13B				
3:44 PM	19	100m Heats	14G									3:26 PM	332	Shot Put @ SP 2	14B
								3:42 PM	334	High Jump @ HJ 1	13B				
3:48 PM	20	100m Heats	13G	3:46 PM	207	800m	10B 10G		335	Triple Jump @ TJ 2	15/16B	3:40 PM	333	Javelin	14G
3:52 PM	21	100m Heats	12B					3:46 PM	337	High Jump @ HJ 2	08G	3:44 PM	336	Discus @ DIS 1	11B
3:56 PM	22	100m Heats	12G						338	Long Jump @ LJ 1	11G	3:46 PM	339	Shot Put @ SP 1	15/16G
													340	Shot Put @ SP 2	15/16B
													341	Discus @ DIS 2	09B
								3:54 PM	342	Long Jump @ LJ 2	10G				

Front Straight Events				Circular Track Events				Field Events - Jumps				Field Events - Throws						
4:00 PM	23	100m Heats	11B					4:00 PM	343	Triple Jump @ TJ 1	12G	4:00 PM	344	Shot Put @ SP 2	06G			
4:04 PM	24	100m Heats	11G	4:02 PM	208	800m	15/16B 15/16G	4:02 PM	345	Triple Jump @ TJ 2	14B							
4:08 PM	25	100m Heats	09B					4:04 PM	346	High Jump @ HJ 1	12B							
4:12 PM	26	100m Heats	08B															
4:16 PM	27	100m Heats	08G															
4:20 PM	28	100m Heats	10B	4:20 PM	209	800m	14B 14G	4:20 PM	347	Triple Jump @ TJ 2	15/16G	4:20 PM	348	Javelin	12G			
4:24 PM	29	100m Heats	10G					4:26 PM	349	Long Jump @ LJ 1	15/16B	4:34 PM	350	Shot Put @ SP 1	10G			
												351	Shot Put @ SP 2	07G				
4:36 PM	30	400m Heats	13B					4:38 PM	353	Long Jump @ TJ 1	07B	4:36 PM	352	Javelin	15/16G			
4:40 PM	31	400m Heats	11B					354	Long Jump @ LJ 1	11B								
								4:42 PM	355	Triple Jump @ TJ 2	11G							
4:44 PM	32	400m Heats	09B					4:44 PM	356	High Jump @ HJ 2	08B							
								4:48 PM	357	Long Jump @ LJ 2	13G	4:48 PM	358	Discus @ DIS 1	13B			
				4:56 PM	210	800m	12B 12G	4:52 PM	359	High Jump @ HJ 1	15/16B							
4:58 PM	33	300m Hurdles	15/16B									5:02 PM	360	Shot Put @ SP 2	14G			
5:00 PM	34	300m Hurdles	15/16G									5:04 PM	361	Discus @ DIS 2	09G			
								5:12 PM	362	Long Jump @ TJ 1	06B							
5:08 PM	35	200m Hurdles	14B															
5:10 PM	36	200m Hurdles	14G															
5:16 PM	37	200m Hurdles	13B															
5:18 PM	38	200m Hurdles	13G															

## Dinner Break

Evening Session - Front Straight Finals															
Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp	Time	EvNbr	Event	AgeGrp
5:50 PM	39	100m Hurdles	15/16B	7:00 PM	57	70m	07G	7:42 PM	75	200m	13G	8:24 PM	93	100m	12G
5:58 PM	40	90m Hurdles	15/16G 14B	7:02 PM	58	70m	11B	7:44 PM	76	200m	14B	8:26 PM	94	100m	13B
6:06 PM	41	80m Hurdles	13B	7:04 PM	59	70m	11G	7:46 PM	77	200m	14G	8:28 PM	95	100m	13G
6:08 PM	42	80m Hurdles	13G	7:06 PM	60	70m	09B	7:48 PM	78	200m	15/16B	8:30 PM	96	100m	14B
6:10 PM	43	80m Hurdles	14G	7:08 PM	61	70m	09G	7:50 PM	79	200m	15/16G	8:32 PM	97	100m	14G
6:16 PM	44	80m Hurdles	12B									8:34 PM	98	100m	15/16B
6:18 PM	45	80m Hurdles	12G	7:16 PM	62	200m	07B	7:58 PM	80	100m	06B	8:36 PM	99	100m	15/16G
6:26 PM	46	60m Hurdles	10B	7:18 PM	63	200m	07G	8:00 PM	81	100m	06G				
6:28 PM	47	60m Hurdles	10G	7:20 PM	64	200m	08B	8:02 PM	82	100m	07B	8:44 PM	100	400m	09B
6:30 PM	48	60m Hurdles	11B	7:22 PM	65	200m	08G	8:04 PM	83	100m	07G	8:46 PM	101	400m	09G
6:32 PM	49	60m Hurdles	11G	7:24 PM	66	200m	09B	8:06 PM	84	100m	08B	8:48 PM	102	400m	11B
6:38 PM	50	60m Hurdles	08B	7:26 PM	67	200m	09G	8:08 PM	85	100m	08G	8:50 PM	103	400m	11G
6:40 PM	51	60m Hurdles	08G	7:28 PM	68	200m	10B	8:10 PM	86	100m	09B	8:52 PM	104	400m	13B
6:42 PM	52	60m Hurdles	09B	7:30 PM	69	200m	10G	8:12 PM	87	100m	09G	8:54 PM	105	400m	13G
6:44 PM	53	60m Hurdles	09G	7:32 PM	70	200m	11B	8:14 PM	88	100m	10B	8:56 PM	106	400m	15/16B
				7:34 PM	71	200m	11G	8:16 PM	89	100m	10G	8:58 PM	107	400m	15/16G
6:54 PM	54	70m	06B	7:36 PM	72	200m	12B	8:18 PM	90	100m	11B				
6:56 PM	55	70m	06G	7:38 PM	73	200m	12G	8:20 PM	91	100m	11G				
6:58 PM	56	70m	07B	7:40 PM	74	200m	13B	8:22 PM	92	100m	12B				

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