



KNOX RELAY SQUAD -2017

Relays are the only team sport associated with track and field athletics, and can be the most exciting competition. Entry is open to all registered U9 - 15 athletes of the Knox Centre, regardless of ability. All athletes that join a squad will be selected in teams to compete at practice and region events, and hopefully make it through to the State Championships at Lakeside Stadium, Albert Park.

A \$10 fee applies to all athletes participating in Relays. They will be required to wear the Black & Yellow Knox Centre uniform whilst competing. Parents will also be required to do duty at Region and/or State events.

Athletes are expected to attend training and the practice day as part of the selection process. Once teams are selected for Region, the squad requires a commitment from parents and athletes to be available for both Region and State as no changes are possible to teams that qualify for the State Championships.

Competition Dates: Box Hill Invitation Relay practice day -Sunday 12th November 2017
Region Relay Qualifying Day -Nunawading – Saturday 25th November 2017
Handicap Day- Knox – Sunday 10th December 2017
State Relay Championships - Albert Park - Saturday 16th December 2017

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Complete and return this portion **with your payment** to your age-group Coach or Team Manager (Mirella Louey)

It is important that we have ALL of your contact information — including an e-mail address — as this is the most efficient way to notify the entire squad of changes to training and/or event times, etc.

ATHLETE NAME: _____

CLUB: _____ AGE GROUP: _____

PARENT/GUARDIAN DETAILS

1. NAME _____ DAD / MUM _____

PHONE HOME: _____ MOBILE: _____

E-MAIL: _____

2. NAME _____ DAD / MUM _____

PHONE HOME: _____ MOBILE: _____

E-MAIL: _____

PARENTAL AUTHORITY

I/We authorise my/our child to participate in the Knox Relay program, confirm that they will be available on both Region and State competition dates, and acknowledge that I will be required to do duty as rostered at Region and/ or State.

Signed: _____