



## Knox Little Athletics Centre

# Award Criteria

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# Table of Contents

Table of Contents .....	2
<b>Track &amp; Field</b> .....	3
Personal Best Age Group Awards.....	3
Best Athlete Group Awards .....	3
Best Boys Club Award.....	4
Best Girls Club Award .....	4
Best Overall Club Award .....	5
Kathy Hale Club Award .....	5
Best Overall Athlete Boy & Girl.....	5
Alan Johnson Perpetual Award .....	6
John Bennett Memorial Perpetual Award .....	6
McDonalds Volunteer Award.....	7
FTG Suzuki “Against the Odds” Award. ....	8
Knox Centre Multi-Event Day .....	8
Ray Abley Gift .....	9
Knox Open Twilight .....	10
Knox Centre Track & Field Championship Day .....	10
<b>Cross Country</b> .....	11
Individual Points .....	11
Cross Country Shield .....	12
Knox Athletic Club Shield .....	12
Max J. White Shield.....	12
Stewart Findley Award .....	13
George Orrock Award .....	13
ANZ Award.....	13
100% Attendance Award.....	14
Knox Centre Handicap Day .....	14
Knox Cross Country Open Day .....	14
Knox Centre Cross Country Championship Day .....	15
<b>Centre Awards</b> .....	16
Betty Dyer Dedication Trophy Award .....	16
Knox Centre 5 Year Award.....	16
Knox Centre Distinguished Service Award .....	17
Knox Centre Life Membership Award.....	18
<b>LAVic Awards</b> .....	19
9 Year or 10 Year Dedication “ Certificate of Achievement” .....	19
Volunteer of the Year Award .....	20
Coach of the Year Award .....	21
<b>External Awards</b> .....	22
Victoria Day Award.....	22

## Track & Field

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### Personal Best Age Group Awards

An award system known as the Knox Centre Personal Best Awards will be made for each age group, boy and girl, each season for performance in Track & Field events. The award is made to enhance the aims and objectives of the participation and personal improvement of the Knox Little Athletics Centre and Little Athletics Victoria.

The award system is based on a points system known as the Personal Best Points scoring system (PBPS):

1. 5 points for a Personal Best
2. 4 points for equalling a Personal Best
3. 1 point for attempt at event

No points are awarded where there is a breach of Centre rules in regard to Code of Conduct set out in the Knox Centre handbook

Athletes who attend LAVic approved camps and clinics, compete by selection at LAVic approved State or National competitions or other LAVic events held for their age group on days they would normally compete at the Centre, will be awarded attempt points for each event for their particular age group, ie one (1) point for each event. Proof of attendance may be required at the request of the Centre Executive

The award will be made to the athlete or athletes with the highest points gained at conclusion of the point scoring calendar for each age group, U8 to U15, both boy and girl.

In the event of a tie, multiple awards will be made.

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### Best Athlete Age Group Awards

An award known as the Knox Centre Best Athlete Award will be made for each age group U8 to U15, and Youth Athletes, boys and girls, each season, for performances in track and field events.

This award is made to encourage excellence in individual performance. The award is based on the Event Performances Point Scoring system (EPPS).

Points are awarded as follows for Seasons Best Performance:

Best event performance:	Six (6) points
Second best event performance:	Five (5) Points
Third best event performance:	Four (4) Points
Fourth best event performance:	Three (3) Points

### Best Athlete Age Group Awards (Cont)

Fifth best event performance: Second (2) Points

Sixth best event performance: One (1) Points

Where equal best performances occur the same points will be awarded for that performance without regard for placing. For example:

Result	Points		Result	Points		Result	Points		Result	Points
10.3	6		10.6	4		10.9	3		11.5	1
10.3	6		10.9	3		11.2	2		11.6	0
10.4	5		10.9	3		11.2	2		+	0

The total EPPS points for each athlete in the age group, boy or girl, will be added and the highest total will be awarded the Knox Best Athlete Award for that age group.

In the event of a tie, multiple awards will be made.

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## Best Boys Club Award

This award is made to the Club that achieves the most points in regard to the PBPS and EPPS points attained by **male** athletes in a particular Club after adjustment for Club size (# of male athletes) compared to Centre size (# of male athletes in Centre).

The formula used is as follows:

$(\text{Total Club PBPS points} + \text{Total Club EPPS points}) / \# \text{ of male athletes in Club} \times \# \text{ male athletes at Centre.}$

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## Best Girls Club Award

This award is made to the Club that achieves the most points in regard to the PBPS and EPPS points attained by all **female** athletes in a particular Club after adjustment for Club size (# of female athletes) compared to Centre size (# of female athletes in Centre).

The formula used is as follows:

$(\text{Total Club PBPS points} + \text{Total Club EPPS points}) / \# \text{ of female athletes in Club} \times \# \text{ female athletes at Centre.}$

## Best Overall Club Award

The awards are made to the Club that achieves the most points in regard to the PBPS and EPPS points attained by **all** athletes in a particular Club after adjustment for Club size (# of athletes) compared to Centre size (# of athletes in Centre).

The formula used is as follows:

$(\text{Total Club PBPS points} + \text{Total Club EPPS points}) / \# \text{ of athletes in Club} \times \# \text{ athletes at Centre.}$

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## Kathy Hale Club Award (Best Supporters Club)

This award recognises the contribution that parents/supporters make on a regular basis to ensure the efficient running of the Little Athletics Program.

At the end of the season the winning club will receive \$300 and the perpetual shield. If clubs are on equal points, the award will be shared.

Points will be awarded under the following guidelines:

- Five points will be allocated to each Club that supplies the number of officials required in accordance with the Centre rules.
- One bonus point to be awarded where a club, upon request over the PA, supplies more than the required number, to make up any shortfall
- Clubs that fail to provide the required number of officials will have points deducted consistent with the shortfall in officials provided.

The Chief of Officials maintains weekly records of the number of officials supplied by each club. All chiefs and officials must sign in for duty to ensure that they are credited with their club's points. Periodical roll checks are made to ensure each individual has reported to duty after signing in.

Points will also be allocated to clubs that provide the requested number of participants at various Centre events during the season, e.g. Chief Official training days, Open Twilight set up, working bees etc. Note: Attendance must be registered with the event organizer to ensure points are allocated.

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## Best Overall Athlete (Boy & Girl)

An award that accrues the most points using the Event Performances Point Scoring system (EPPS) points in the Best Athlete group awards plus added points in the Personal Best Points scoring system (PBPS):

The athlete would have already won their age group award.

**Selected by:**

The Point Scoring System

**Award:**

The athlete receives a large trophy

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## Alan Johnson Perpetual Trophy (Walks)

Alan Johnson was the Knox LAC walks coach for its first 25 years, and still involved today, producing many winners and rose to international walks judging. In 1985, he was awarded the VLAA "Life Governor" for services to Little Athletics.

**Criteria:**

The award is presented to an individual athlete for outstanding performance in Walk events during the season. The athlete must be from age groups U10 to U15 and meet one or more of the following criteria:

1. Display dedication and commitment to race walking
2. Have a positive attitude
3. Consistency of effort
4. Improvement in technique
5. Improvement in personal times
6. Attendance and participation in training
7. Break records throughout the season

**Selected by:**

This award is adjudged by all the qualified walks judges who have judged 75% or more of normal walks competition days during that season. At the conclusion of the point scoring season, judges award votes 3, 2 and 1 to selected athletes. The judges may discuss various nominations but votes are cast secretly and forwarded to the Centre Secretary for tabulation.

**Award:**

The winner receives a trophy and has their name added to the perpetual trophy.

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## John Bennett Memorial Trophy

This perpetual trophy, donated by the Bennett family, commemorates John Bennett's active support of Little Athletics. The Trophy was first presented at the 1970 Knox Centre Championships. The event that prompted the criteria for this award was the Knox Centre's first and only gold medal winner at the 1969 State T&F Championships. U11 Bruce Beaton won the 800m Walk and broke the state record by 12 seconds.

### **John Bennett Memorial Trophy (Cont)**

A tribute by Cr Wally Tew, the first Knox City Mayor on John Bennett at the 1970 Knox Centre Championships was: *“John Bennett was editor, owner and publisher of the “Free Press” in Belgrave for many years until his early death. In his younger days he was a good athlete. He was a prominent Councillor of the Shire of Ferntree Gully for some years and was especially interested in schools. He was on the Advisory Council of Upwey High School and was particularly interested in athletics, an interest which also showed in his support of Little Athletics”.*

#### **Criteria:**

The award is made to an athlete with the most outstanding performance “in a single event” throughout the season.

The athlete must have competed across a range of events.

The athlete must have competed on at least 75% of available competition days

The athlete would generally have competed well at Region & State T&F events including Multi-Event.

The athlete may have broken Centre, Knox, EMR & State Records.

#### **Selected by:**

This award is adjudged by the Knox Centre Team Manager and can seek advice from other key officials from around the Centre. This may include the Records Manager for attendance and records verification.

#### **Award:**

The winner receives a trophy and has their name added to the perpetual trophy.

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## **McDonalds Volunteer Award**

Awarded to a deserving member or family that has shown initiative and dedication in their volunteer work and has gone beyond the normal call of duty to contribute to the success of the Centre during the current Track & Field season.

#### **Eligibility:**

All parents, families, officials and regular competition day & ‘backroom’ helpers

#### **Criteria:**

Regular and continued dedication and initiative to the operation of the Knox LAC Track & field season in the season the award is presented.

### Selected by:

Voted by the Knox Executive Committee. After the February Executive meeting, Committee members will submit a nomination anonymously to the previous season's winner(s) – the nominated person(s) with the most votes will be judged the winner.

### Award

The winner receives a trophy and has their name added to the perpetual trophy. An individual trophy is also presented to be retained by the winner. The award will be announced and presented at the Knox LAC Championship Day

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## FTG Suzuki “Against The Odds” Award

To be awarded annually to an athlete who has a physical or intellectual disability or has had to deal with a personal or family situation in their lives and this award is in recognition of their efforts to overcome their particular issue and continue, against the odds, to compete at Little Athletics

### Criteria:

Has an intellectual or physical disability or who has faced a crisis in their lives but still continues to regularly participate in Little Athletics at Knox.

### Selected by:

Nominations received from clubs prior to the February Executive meeting. If more than one athlete is nominated the Knox Centre Executive Committee shall vote based on the information presented. Committee members will vote anonymously, one person on the Committee will be appointed to collect votes.

### Award

FTG Suzuki supplies a trophy to be presented each season

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## Knox Centre Multi-Event Day

Each season the Knox Centre holds a Multi-Event Day prior to the LAVic State Multi-Event Championships to encourage more entries.

The Multi-Event is a competition which, tests an athlete's all round skills with points allocated depending on their level of performance in a set range of events. U/7 age group is over 4 events and U/8 to U/15 are over 5 events.

**U/7** (1) 100m, (2) Long Jump, (3) Discus & (4) 400m

**U/8** (1) 100m, (2) Long Jump, (3) Discus, (4) 60m Hurdles & (5) 600m

**U/9-U/15** (1) 100m, (2) Long Jump, (3) Discus, (4) Hurdles & (5) 800m



The winner of the Multi Event is the athlete with the highest total point score after all events.

This event places a stronger emphasis on the participation of children in a wider range of events rather than the specialisation in one or two specific events. The winner is considered as the best all round athlete.

**Qualifications:**

No qualification or entry forms are required.

**Award:**

A certificate with the performances obtained. Individual event and Centre Multi-Event records are recognised on this day.

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## Ray Abley Gift

The Ray Abley Gift comprises two handicapped 200m sprints (a boy and a girl race) consisting of one athlete from each age group from the Knox Centre Relay teams.

**Selected by:**

The Relay Coach for each age group. Generally, it would be the athlete who puts in a consistent effort in attendance at training, displaying good sportsmanship and improvement during the relay season rather than the best performing athlete(s) within the team.

All relay coaches to nominate main and backup competitors with a reply close off date 4 weeks prior to event.

If the first person selected is not available on the day or on a re-scheduled date, the backup nomination will be asked to run.

Nominations to be sent to Race Handicapper and include recent results of 100m and 200m sprints.

**Handicap is determined by:**

Competition Committee appoints handicapper, who bases handicaps on recorded performances for the nominated athletes

**Award:**

Trophies are awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions with the names of the winning girl and boy race engraved on the Ray Abley Gift Perpetual Trophy.

Note: Winner's family responsible for taking down the Ray Abley tent at the end of the day

## Knox Centre Open Twilight, Track & Field

Each season the Knox Centre holds an Open Day. Generally, this is held as a twilight Meet.

Open Twilight medals are awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions.

Ribbons are presented for 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and other finalists.

As the name implies, the Knox Open Twilight is open to all registered Little Athletes.

### **Qualifications:**

No qualification applies. Entry is made via the entry form and payment submitted by the due date. Either a Club uniform (with patch) or a Centre uniform may be worn. Further conditions are on the entry form.

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## Knox Centre Track & Field Championships

Each season the Centre holds its championship day at the end of the season for all normal events in all age groups for both genders.

Centre Championships medals are awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions.

Ribbons are presented for 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> positions. Finalist ribbons are also presented to U7's, U8's and U9's and if the number entry is 9 or 10.

Knox Centre rules applies. For Field Events, Horizontal Jumps and throws are best of 4 attempts. High Jump is 3 attempts.

### **Qualifications:**

Entry is by the entry form and payment submitted by the due date.

Athletes must have competed at 50% of available normal competition days since registration. This is to be checked by Club Team Managers before accepting entries. Hence entries are submitted only through Club Team Managers. Full uniform and number patch must be worn. Further conditions are on entry form.

For registrations after Christmas athletes must have competed at 90% of available normal competition days.

Competing in relays, Open Days or Track & Field region do not count as normal competition days.

# Cross Country

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## Individual Points

Points are awarded on Points Scoring days only.

Days that are non Points Scoring Days include:

- The day prior to, and the actual day of, the Regional CC Championships
- The day prior to, and the actual day of, the State CC Championships
- The Knox or other Centre Open Day
- The Knox Centre Championship Day

## Points table

Accumulated points are a combination of two separate scores:

### **Attendance + Performance**

#### Attendance

3 points – all athletes in attendance on each of the points scoring days - defined by starting a race. Athletes who come 10<sup>th</sup> place or after just receives attendance points.

To be eligible an athlete must have competed on at least 60% of points scoring days since date of registration.

#### Performance

- 10 points – the athlete that finishes 1<sup>st</sup> in their race
- 8 points – the athlete that finishes 2<sup>nd</sup> in their race
- 7 points – the athlete that finishes 3<sup>rd</sup> in their race
- 6 points – the athlete that finishes 4<sup>th</sup> in their race
- 5 points – the athlete that finishes 5<sup>th</sup> in their race
- 4 points – the athlete that finishes 6<sup>th</sup> in their race
- 3 points – the athlete that finishes 7<sup>th</sup> in their race
- 2 points – the athlete that finishes 8<sup>th</sup> in their race
- 1 points – the athlete that finished 9<sup>th</sup> in their race

### **Handicap Day**

On 'Handicap Day', when contested, athletes score attendance points (3 points) only.

### **Running Up** (Competing in the next age group if distance is longer)

In normal competition, athletes are expected to compete in their correct age group race.

### **Best N-1**

The end of season accumulated score is taken from the maximum possible points scoring days minus 1 to allow for sick days, school representation etc. Therefore an athlete that had contested 14 out of 14 possible points scoring days would have the best 13 scores counted. An athlete that had contested 10 out of 14 possible points scoring days would have 10 scores counted. The day subtracted is a full points scoring day and excludes 'attendance only' points scoring days such as Handicap Day.

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## **Cross Country Shield**

Awarded to the male athlete in the U9 to U15 age groups with the highest accumulated using the attendance and scoring system.

The athlete receives a trophy to keep and their name added to the shield

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## **Knox Athletics Club Shield**

Awarded to the female athlete in the U9 to U15 age groups with the highest accumulated using the attendance and scoring system.

The athlete receives a trophy to keep and their name added to the shield

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## **Max J. White Shield**

Awarded to the club with the highest number of points by its U7 to U15 members, subject to the following adjustment. The total number of points is divided by the total club registrations, summer and winter. The club with the highest adjusted total is awarded the shield.

Club registrations number used is the total of registered athletes at the end of the Summer Track & Field season to normalize the club data.

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## Stewart Findlay Award

This award is presented to a female athlete that epitomises the nature of Cross Country.

### Criteria:

Must have competed at 10 or more CC competition days that season  
Must have regularly competed for two or more CC seasons  
Must be > 10 years old  
Should be polite, helpful and show good sportsmanship  
Generally not in the top 30% of participants.

### Selected by:

Cross Country Chairperson generally with input from other regular CC officials.

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## George Orrock Award (previously Bunnings Award)

This award is presented to a male athlete that epitomises the nature of Cross Country.

### Criteria:

Must have competed at 10 or more CC competition days that season  
Must have regularly competed for two or more CC seasons  
Must be > 10 years old  
Should be polite, helpful and show good sportsmanship  
Generally not in the top 30% of participants.

### Selected by:

Cross Country Chairperson generally with input from other regular CC officials

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## ANZ Award

Awarded to a deserving member or family of the CC season that has contributed to the success of the season beyond the call of duty.

### Eligibility:

All parents, families, officials and regular competition day & 'backroom' helpers

### Criteria:

Regular and continued assistance to the operation of the Knox LAC Cross Country season in the year the award is presented.

### Selected/Decided by:

Cross Country Chairperson & ANZ representative (if available)

## 100% Attendance Award

Awarded to all athletes that have in every CC point scoring day and Handicap Day.

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## Cross Country Championship Day

The Knox CC Championship Day is usually held just after the State CC Championships and is generally the last competition day of the CC season. This is a non points scoring day but is used to determine the CC champions for each age group.

The Knox LAC age group champion is the Knox athlete that wins their respective age group race on Championship Day. These athletes will receive the Gold Medal at the Knox LAC CC Presentation. Athletes that finish 2<sup>nd</sup> and 3<sup>rd</sup> will receive Silver and Bronze medals respectively at the Knox LAC CC Presentation

### Eligibility

While all athletes are encouraged to compete on Championship Day only eligible Knox athletes can receive an award. To be eligible to receive an award on Championship Day an athlete must have competed on 60% of possible points scoring days.

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## Knox Centre Cross Country Open Day

Each season the Knox Centre holds a Cross Country Open Day.

Open medals are awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions in each race.

Team medals are awarded to the first three teams with the lowest points. The first 3 athletes over the line for a Centre is a team. All three athletes in a team will receive an Open Medal. Athletes receive points corresponding to the position they came. The team with the lowest points is the winner. A Centre can have further teams for the next three over the line and so on.

Athletes may compete (Run Up) in the next Age Group to assist in making a team.

If there is not a second team (5 athletes or under from the same Centre), 4th and 5th position team medals can be purchased by parents (if there are spare medals) as part of the team.

As the name implies, the Knox Open Twilight is open to all registered Little Athletes.

### Qualification:

No qualification applies. Entry is by the entry form and payment submitted by the due date. Either the Club uniform (with patch) or a Centre uniform may be worn. Further conditions are on the entry form.

## Knox Centre Cross Country Handicap Day

Handicap Day is generally held sometime in the last half of the season.

Each athlete starts the race at a different time (which is determined from previous times recorded during the season).

**Qualification:**

While all athletes can compete on this day, only Knox Centre registered athletes who have competed on at least 3 point scoring days (since registration) prior to Handicap Day, are eligible for an award.

**Award:**

Trophies are awarded to 1st, 2nd & 3rd placegetters (regardless of age group or gender) for each race. This is presented at the Knox Centre Cross Country Presentation Night at the end of the season.

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## Knox Centre Awards

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### Betty Dyer Dedication Trophy Award

Betty Dyer was elected a Knox Centre Life Member in 1975 and was the Centre point scorer and Team Manager for many years and firmly stood up for our kids rights.

During the 1995/96 season, the Betty Dyer Dedication Trophy Award was bestowed upon her posthumously for athletes who continuously compete in Little Athletics at Knox from the Under 7 through to the Under 15 Age Groups.

To be eligible for the Betty Dyer Dedication Award, the athlete must meet the LAVic Dedication "Certificate of Achievement" criteria including those who come to Knox from other Centres.

#### Presentation

Generally a small trophy presented at the Knox Centre Championship Day along with either a LAVic 9 Year or a 10 Year Dedication "Certificate of Achievement". (See page 19 under LAVic Awards)

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### Knox Centre 5 Year Awards

This award is awarded to Knox Little Athletes who have achieved 5 seasons at the Knox Centre in Track & Field.

#### Criteria

- Must be registered at Knox LAC for five seasons
- Does not need to be continuous
- Does not include time at other Centres
- Athletes who register early for U7's when turning 6 mid season only count as one of under 7. I.e: Two seasons as an under 7 only count as one season.
- Does not include Cross Country season

#### Selector

Centre Secretary seeks nominations from club team managers, seeks verification from registrar.

#### Presentation

Generally a small trophy supplied by the Centre and presented by the clubs at their Club Presentations.



## Knox Centre Distinguished Service Award

Distinguished Service Awards can be extended to past and present members of the Knox Centre for time and effort expended in the service of the Knox Little Athletics Centre. This award is for those who have contributed just as equally towards Centres goals but do not have the opportunity to have served on the Knox Centre Executive Committee or on its Sub-Committees to be considered for Life Membership.

### Criteria:

An individual who has been actively involved in the day to day running of Knox LAC for **10 seasons** or more. The 10 seasons may be made up of a combination of the following important roles played:

- Knox Centre Chief Official (including Chief Officiating at Region and/or State)
- Knox Centre Coach
- Combination of Club Committee roles. **Must have served a minimum of 5 seasons on a Club Executive Role (President, Secretary, Treasurer, Team Manager).**
- Outstanding non executive service to the Centre

**Note:** Other areas taken into consideration are regular assistance over many years on working bees and setups for Knox Open Twilight and Knox Centre Championship Days and those who voluntarily conduct duty weekly for the whole season.

### Nominations:

Any member or club may nominate an individual detailing the attributes and how they meet the set criteria. Nominations must be received by the Knox Centre Executive prior to the February meeting for possible inclusion into that season's awards.

### Decided by:

Nominations are tabled at the February meeting of the Knox Centre Executive, the Executive Committee can debate the qualifications of the nominee and vote on acceptance.

### Presentation:

Announcement of the Knox Centre Distinguished Service Award Winners is made at the Annual General Meeting.

Presentation of the Certificate and suitably designed badge is generally made at the Opening Ceremony of the following season. Their name is added to the handbook in the Knox Centre Distinguished Service Award listing with year of award.

### Rights:

Knox Centre Distinguished Service Award winners are welcome to attend any Knox Meetings, Event Days and Championship Days. While input is welcome no voting rights are conveyed as this is the role of the current executive

## Knox Centre Life Member Award

Life Membership can be extended to past and present members of the Knox Centre for time and effort expended in the service of the Knox Little Athletics Centre.

### Criteria:

An individual who has been actively involved in the day to day running of Knox LAC for **10 seasons** or more. The 10 seasons may be made up of a combination of the following important roles played:

- Knox Centre Executive Committee Member
- Knox Centre Sub-Committee Member
- 10 season combination of Knox Centre Executive & Club Executive. (President, Secretary, Treasurer, Team Manager). **Must have served a minimum of 5 seasons on the Knox Centre Executive or its Sub-Committees**
- Outstanding non executive service to the Centre

### Important Note:

This is a Knox Centre award for service to the Centre. There may be dedicated members that have served their club for long periods but have not met the Knox Centre Executive component of this award. These members may be eligible for a Distinguished Service Award or may qualify for club recognition.

### Nominations:

Any member or club may nominate an individual detailing the attributes and how they meet the set criteria. Nominations must be received by the Knox Centre Executive prior to the February meeting for possible inclusion into that seasons awards.

### Decided by:

Nominations are tabled at the February meeting of the Knox Centre Executive, the executive Committee can debate the qualifications of the nominee and vote on acceptance.

### Presentation:

Announcement of the new Knox Centre Life Member is made at the Annual General Meeting.

Presentation of the Knox Centre Life Member Badge and Certificate is generally made at the Opening Ceremony of the following season. Their name is added to the handbook in the Knox Centre Life Member listing with year of award.

### Rights:

Knox Centre Life Members are welcome to attend any Knox Meetings, Event Days and Championship Days. While input is welcome no voting rights are conveyed as this is the role of the current executive.

## LAVic Awards

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### LAVic 9 Year or 10 Year Dedication “Certificate of Achievement”

This is a Track & Field Season Certificate Award for athletes who have continuously competed in Little Athletics from the Centre’s starting age group until the U15 Age Group.

#### Criteria

- For athletes who have commenced Little Athletics at the Knox Centre, this is from the Under 7 Age Group and the LAVic Award will be a 9 Year Dedication “Certificate of Achievement”
- For athletes who have come to Knox from another Centre, if that Centre starts Little Athletics at Under 6, then the continuous service must start from Under 6 and the LAVic Award will be a 10 Year Dedication “Certificate of Achievement”.
- If that Centre starts Little Athletics at Under 7, then the continuous service will be the same as the Knox Centre whereby the LAVic Award will be a 9 Year Dedication “Certificate of Achievement”
- As this is a LAVic award, the 9 seasons at Knox must be registered with LAVic, so it does not include seasons at Cross Country as an Under 6 athlete. Under 6 athletes at Knox Cross Country cannot be registered with LAVic.
- Athletes competing twice in Under 7 after commencing part way during the season upon turning 6 can only be counted as one season.
- Does not include a season at Youth Athletics (U/16)

#### Selector

The Centre Registrar seeks nominations from Club Team Managers during February, verifies the nominations, and then forwards them to the LAVic for the awards.

## Volunteer of the Year



Individuals acting as volunteers at Association, Region, Centre and Club level are pivotal in the success of Little Athletics in Victoria. The Bendigo Bank Volunteer of The Year Award acknowledges outstanding achievements by our Ordinary Members in the current season.

### Award:

Each nomination will automatically receive a Certificate.

The first 3 will receive a cheque and a plaque presented at at Annual Gala Awards dinner

### Criteria:

1. From individuals at Club, Centre, Region or Association level
2. Open to anyone working in a voluntary capacity
3. Must be specific to work completed as part of the current season

### Eligibility:

Any individual in a voluntary basis. Applications close mid May

### Adjudication:

This award (for top 3) is adjudicated by the LAVic Membership Committee and endorsed by the LAVic Board of Management. The remainder of nominations will receive a certificate.

### Presentation:

The Certificate issued will be presented framed on the Knox Opening Day ceremony.

## Coach of the Year



Coaching remains a vibrant part of Little Athletics and the time & effort that our coaches dedicate to the sport should be recognised and rewarded.

From the nominations received 3 finalists will be selected. All 3 finalists will be invited to attend the annual Gala Awards Dinner where their efforts will be recognised. One of these finalists will be

announced as 'Coach of the Year'.

The Coach of the Year award hopes to highlight and encourage the special qualities of coaches in junior sport and the immense impact they have on the development of our athletes.

### Award:

The 'Coach of the Year' will receive a \$500 Hart Sport voucher and trophy. 2<sup>nd</sup> & 3<sup>rd</sup> place getters for this award will receive a 'Coach of the Year' plaque.

### Criteria:

Supporting documentation should list the following criteria.

- Contribution to Little Athletics
- Coaching Effectiveness
- Personal Development
- Leadership
- Special Qualities

Nominators contact details must be included such as name, mobile and email.

### Eligibility:

Coaches must have in the last 12 months:

- Been actively coaching in Little Athletics.
- Be fully accredited with either AA or AFTCA as a Level 1 or above financial member.
- And hold a current WWC Check

Details of the Coach to be supplied:

- Name, Address, Mobile, E-mail
- Accreditation Level
- Events Coached

Additionally, supporting documentation must be supplied listing reasons why the coach should be considered for the award.

Applications close early June

# External Awards

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## Victoria Day Award

On 1 July 1851, Victoria was declared a separate colony to New South Wales. To celebrate the anniversary of Victoria Day, the Ferntree Gully Electorate Victoria Day Awards is held to recognise volunteers in the local community who have contributed to the local area.

This award helps define, encourage and reinforce local aspirations, ideals and standards by identifying role models.

The awards ceremony is an opportunity to recognise, celebrate and say thankyou to those who make a significant difference to our community, those who achieve their best and those who assist others.

### Eligibility:

The winner of this award must either reside in the state electorate of Ferntree Gully or must be able to demonstrate they have significantly contributed to the residents of the Ferntree Gully electorate.

### Criteria:

The award recognises a person who has demonstrated achievement, who is of good character; someone who has made a contribution over and above what might be reasonably expected of a volunteer and whose voluntary contribution to the community stands out from others who have also made a valuable contribution.

### Award:

The nominee will receive the Ferntree Gully Victoria Day Award Medallion and a certificate in recognition of their achievements presented at a ceremony.

### Selection:

Nominations will be sought by the Centre Secretary after the AGM from Knox Centre Executive members on whom they thought at the Centre meets the criteria. It would be helpful if a nomination had a line or two on why they had chosen the volunteer. This is to help write the 150 words or less citation on the application form.

The nomination with the most votes by the set closing time and date would be contacted to see if they can make themselves available to accept the nomination.

This award is not judged. As the nomination automatically receives the award, in fairness to the many volunteers at the Knox Centre, a previous winner cannot be nominated again.

## Presentation Ceremony

A condition is that the volunteer voted must make themselves available to attend the Ceremony, if not, the person with the next highest number of votes would be selected provided they too can attend the presentation.

### Application:

Each community group can select one (1) member from within the organisation to automatically receive a Ferntree Gully Electorate Victoria Day Award.

The application should include an outline of how the winner has made a contribution to the community (no more than 150 words)

It would be helpful to include examples to show how the winner has gone beyond what could reasonably be expected of someone in a similar position.

The nomination is to be submitted on the prescribed form by early June.

### Invitation:

An invitation to the investiture ceremony will be to the nomination plus two more which can be Committee member(s) and/or personal guest(s).