

UNDER 11 JAVELIN TRAINING



Training will be conducted
on the following Sunday's
from 10:00 - 11:00am:



September 13th
September 20th
September 27th
October 11th

**Javelin is a new event for U/11
athletes**

The centre provides introductory
pre-season training for all U/11
athletes and older athletes who
wish to revise and refresh their
skills in the event.

For further info, contact :

Mike Donato
coach@klac23.org.au
0414 888 563



**Australian World Junior
Decathlon Representative:**

David Thomson
will be conducting the coaching.

